

MEDB 7.2 Private Psychological Conferences (PPCs)

3.2 Medical Requirements Overview

TABLE 3.2: MEDICAL REQUIREMENTS OVERVIEW

MRID# and Title:	MEDB 7.2 Private Psychological Conferences (PPCs)
Sponsor:	Medical Operations
Discipline:	Behavior and Performance
Category:	Medical Requirements (MR)
References:	ISS MORD MED Volume B Section 7.2
Purpose/Objectives:	These conferences will address behavioral health, mood, and performance issues, such as personal and group dynamics issues, and ground-crew interactions. Elements of the behavioral health countermeasures will be coordinated, in part, through these conferences. In support of the crew surgeon, the Private Psychological Conferences will provide one of the key elements of in-flight monitoring and countermeasures to maintain the crewmember's behavioral health and performance.
Measurement Parameters:	N/A
Deliverables:	N/A
Flight Duration:	≥ 30 days
Number of Flights:	Each long duration expedition
Number and Type of Crew Members Required:	All ISS crewmembers
Other Flight Characteristics:	N/A
Notes:	

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3.3 Preflight Training – No Preflight Training

3.4 Preflight Activities – No Preflight Activities

3.5 In-Flight Activities

TABLE 3.5.1: IN-FLIGHT ACTIVITIES

In-Flight Activity	Description:	The PPCs will be a recurring item in the schedule, and will occur two times per month.				
	Schedule:	Duration:	Schedule:	Flexibility:	Blood Volume:	Personnel Required:
		15 minutes	Every 2 weeks	At discretion of Crew Surgeon.	N/A	Crewmember and Behavioral Health and Performance (BHP) Specialist
Procedures:	N/A					
Constraints / Special Requirements:	A PPC may be requested at any time by the Crew Commander, Crew surgeon (CS), Flight Director (FD), or any crewmember. PPCs shall be conducted on two-way private voice with or without video communication between each individual ISS crewmember and a designee of the crewmember's home agency behavioral health and performance group, preferably in the crewmember's native language. Each CM to be scheduled individually during off-duty time.					
Photo / TV Requirements:	Private two-way video					
Cold Stowage Requirements:	N/A					
Mission Extension Requirements:	As required					
Landing Wave-Off Requirements:	N/A					
Data Delivery	Data are crew member controlled. The crewmember is the designated recipient of the data and sharing this information is at his/her discretion. Entries will be made in the EMR for each event showing completion of the MEDB requirement and stating if any aeromedical concerns were identified.					

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3.6 Postflight Activities – No Postflight Activities Summary Schedule

TABLE 3.7: SUMMARY SCHEDULE

ACTIVITY	DURATION	SCHEDULE	FLEXIBILITY	BLOOD VOLUME	PERSONNEL REQUIRED	CONSTRAINTS
Preflight Training – N/A						
Preflight – N/A						
In-Flight						
On-Orbit	15 minutes	Every 2 weeks.	At Crew Surgeon's discretion	N/A	Crewmember and BHP Specialist	A PPC may be requested at any time by the Crew Commander, Crew surgeon (CS), Flight Director (FD), or any crewmember. PPCs shall be conducted on two-way private voice or video communication between each individual ISS crewmember and a designee of the crewmember's home agency behavioral health and performance group, preferably in the crewmember's native language. Each CM to be scheduled individually during off-duty time.
Postflight – N/A						
Postflight Debrief						